



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Scrambled eggs Hash brown 1/2 Bagel Fruit Milk	2 Yogurt Parfiat Milk Juice	3 WW Assorted Cereal Graham Crackers Fruit Juice Milk
6 Labor Day	7 Pumpkin Chip Bread Fruit Juice Milk	8 Breakfast Bowl Fried Potatoes, Sausage, eggs, cheese, Fruit Milk	9 French toast sticks Fruit Juice Milk	10 WW Assorted Cereals Graham Crackers Fruit Juice Milk
13 Breakfast Pizza Fruit Juice Milk	14 Chocolate Chip Muffin Fruit Juice Milk	15 Breakfast Sandwich Fruit Juice Milk	16 Bagel Cream Cheese Fruit Juice Milk	17 WW Assorted Cereals Graham Crackers Fruit Juice Milk
20 Blueberry Muffin Yogurt Fruit Milk	21 Bagel Cream Cheese Fruit Juice Milk	22 Pancakes Fruit Juice Milk	23 Yogurt Parfiat Milk Juice	24 WW Assorted Cereal Graham Crackers Fruit Juice Milk
27 Yogurt Parfaits Fruit Juice Milk	29 French Toast Sticks Fruit Juice Milk	29 Breakfast Bowl Fried Potatoes, Bacon, Eggs, Cheese Fruit Milk	30 Breakfast Sandwich Fruit Juice Milk	31 WW Assorted Cereal Crackers Fruit Juice Milk

September

2021 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Teachers Workshop	Teachers workshop	1 Pizza Cucumber Slices Banana Milk	2 Grilled Hot Dog Bowtie Pasta W/ Garlic Butter Peas Fruit Milk	3 Chicken Tender Sandwich Lettuce/Tomato Fruit Milk
6 	Rice Bowl Seasoned beef or Chicken Black Beans/ Refried Beans, Veggies, Salsa, Sour Cream, Quacamole	8 WW Pizza Baby Carrots w/ Ranch Fruit Milk	9 Shephards Pie Peas Fruit Milk	10 Ham and Cheese Roll-up Pasta Salad Cucumber sliness Fruit Milk
13 Sloppy Joes Corn Fruit Milk	14 Taco Salad Black Beans Romaine & Tomatoes Salsa & Sour Cream Fruit Milk:	15 WW Pizza Romain Salad with cukes, Tomatoes Fruit Milk	16 Chop suey Garlic Bread Stick Broccoli Fruit Milk	17 Chicken Parm Sandwich Green Beans Fruit Milk
20 Cheese Burger Oven fries Fruit Milk	21 Taco's Lettuce, tomatos Salsa, Sour cream Fruit Milk Black Beans	22 WW Pizza Celery Sticks W/ Ranch Fruit Milk 	23 Mac and Cheese w/ Ham Peas Dinner Roll Fruit Milk	24 Meatball Sub Greenbeans Fruit Milk
27 Mashed Potato Bowl Popcorn Chicken, corn, Gravy, and cheddar Cheese Fruit Milk	28 Chili w/ Beans Grilled Cheese Fruit Milk	29 WW Pizza Salad Fruit Milk	30 Spaghetti Peas WW Dinns: Roll Fruit Milk	31 Chicken Burger Baby Carrots Fruit Milk

Notes -Following the Guidelines of a Healthier US School. All bread products are whole wheat.

Offered every day:
Peanut Butter & Jelly Sandwich